

The **free** support programme for everyone affected by CML

Want to better understand Chronic Myeloid Leukaemia (CML), learn how to live well and take control of your health? Then CML Life is for you – and your family, carer and healthcare team.

Created in partnership with leading specialists and people living with CML, CML Life is full of information, support, tools and resources:



CML Hub

your knowledge centre full of information and news about CML



CML stories

people living with CML share their experiences



Mindfulness podcasts

take a few moments for yourself to relax in body and mind



Health tracker

keep an eye on test results and stats, and share with your carer or doctor



Wellbeing questionnaire

get to the heart of how you're feeling day to day



Health confidence questionnaire

check your understanding of CML and how you manage it

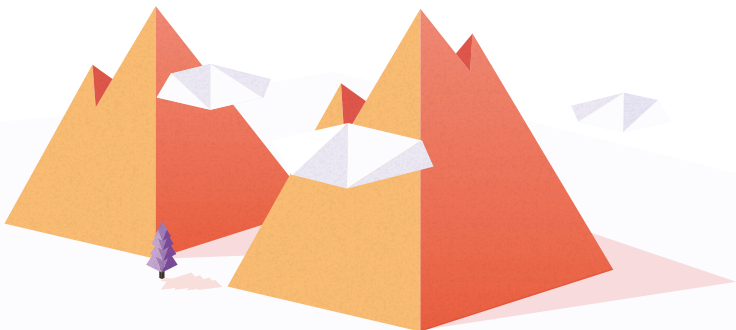


Discussion guide

get the most out of your medical appointments with our handy tips for talking about CML

It's **your** resource. It's **your** CML Life

Register in minutes – **it's free!** [CML-Life.com](https://www.cml-life.com)





CML LIFE

The free resource for everyone with CML,
their healthcare team, family and friends!

Make it personal

To get the best experience and personalise your service, create an account - it only takes a few minutes and is totally free. Then you can:

- ✓ Get articles and podcasts recommended specifically for you
- ✓ Upload and track multiple test results and stats, including complete blood count (CBC), polymerase chain reaction (PCR) tests and liver and kidney function
- ✓ Keep track of your physical and emotional wellbeing
- ✓ Measure your confidence in managing your CML and pick out areas where you need more information

Keep it secure

All the data you enter is owned by you and no one else can see it unless you want them to. The purpose of the data is to support the long-term management of your CML: we won't sell or share your information with anyone else.



CML-Life.com

Try it now



Search CML Life on
Google Play or the App Store



CML Life is funded by Incyte Biosciences International Sàrl.

Date of preparation: August 2019 UK/ICLG/NP/19/0017